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SCHOOL OF MEDICINE
CASE WESTERN RESERVE
UNIVERSITY



University Hospitals
Cleveland Medical Center

INTENSIVE COURSE IN

Controlled Substance Prescribing

Pain, Anxiety, Insomnia

February 11-13, 2019

June 10-12, 2019

November 11-13, 2019

George S. Dively Conference Center
11240 Bellflower Rd., Cleveland, Ohio



INTENSIVE COURSE IN

Controlled Substance Prescribing

Who Should Attend?

The Intensive Course in Controlled Substance Prescribing is designed for physicians in all specialties, physician assistants, nurse practitioners and dentists who wish to increase their knowledge and ability to effectively prescribe controlled medications that have abuse potential. In addition, the course is designed for health professionals who treat chronic pain syndromes.

Statement of Need

Controlled substances are prescribed and dispensed today at an increasing rate to help patients cope with pain, insomnia, anxiety, depression, ADHD, and a myriad of other disorders. Studies show that most practitioners are rather conservative when prescribing controlled drugs while a small number are at times overly aggressive. In addition, controlled prescription medications are falling into the hands of increasing numbers of prescription drug abusers.

How can the practitioner more effectively understand the pharmacologic profiles for controlled drugs, identify diagnostic criteria for appropriate prescribing, and consider the therapeutic implications of specific substance use by individual patients? This special intensive course has been developed to enhance all practitioner's ability to effectively prescribe controlled medications, while minimizing their misuse whenever possible.

Participant Learning Objectives

After attending this course, participants will be able to:

- Describe the pharmacologic profiles of benzodiazepines, opiates and other controlled drugs
- Identify the diagnostic criteria and management strategies for acute and chronic pain, anxiety disorder, insomnia, depression and substance abuse
- Employ interviewing techniques relating to the diagnosis and management of substance abuse in general and prescription drug abusers in particular
- Discuss case management strategies for the above diagnoses
- Discuss beliefs, stereotypes, and attitudes about controlled substance prescribing, controlled drug abusers and chemical dependency, and consider the therapeutic implications of treatments based upon these beliefs
- List the special clinical requirements necessary when prescribing controlled drugs

Educational Design and Methodology

The course combines lectures, participative discussions, case studies, a personal case-based reflective essay, and individual skill practice with standardized patients and simulations to create an intensive interactive learning environment.

For More Information

Call Case Western Reserve University, Continuing Medical Education Program, phone (216) 983-1239 or (800) 274-8263 or visit <http://case.edu/medicine/cme/>

A G E N D A

Monday

7:30-8:00 am	Registration and Breakfast
8:00-9:00 am	Course Outline and Prescription Drug Abuse Overview Theodore Parran, MD
9:00-10:30 am	Benzodiazepine Pharmacology and Withdrawal Management Theodore Parran, MD
10:30-10:45 am	Break
10:45-11:45 am	Insomnia – Etiology and Treatment Fareeha Ashraf, MD
11:45-12:00 pm	Break to get lunch
12:00-1:30 pm	Lunch Session: Legal Issues – Perspective of the State Medical Board William Schmidt, JD
1:30-3:00 pm	Diagnosis and Treatment of Mood and Anxiety Disorders Michael Carlisle, DO
3:00-3:15 pm	Break
3:15-4:15 pm	Narcotic Pharmacology Mary Mihalyo, PharmD, BCPS, CDE
4:15-5:00 pm	Management of Narcotic Withdrawal Theodore Parran, MD

Tuesday

7:00-7:30 am	Registration and Breakfast
7:30-9:00 am	Psychological Approaches to Chronic Pain Jeffrey Janata, PhD
9:00-10:00 am	Headache Management Robert Richardson, MD
10:00-11:30 am	Legal Issues: Perspective of Risk Management John Irwin, JD, MD, FCLM
11:30-11:45 am	Break to get lunch
11:45-1:30 pm	Lunch Session: Chemical Dependence Overview, Screening and Skills Session Theodore Parran, MD
1:30-1:45 pm	Break
1:45-2:45 pm	Prudent Prescribing of Stimulants Andrew Hunt, MD
2:45-3:45 pm	Substance Abuse Disorders: Impact on the Family Sybil Marsh, MD, MA
3:45-5:15 pm	Brief Intervention for Substance Abuse Disorders and Skills Practice Sybil Marsh, MD, MA

Wednesday

7:00-7:30 am	Registration and Breakfast
7:30-8:00 am	Toxicology Testing in Office Practice Theodore Parran, MD
8:00-9:00 am	Use of Opiates in Chronic Pain Theodore Parran, MD
9:00-10:15 am	Practical Approaches to Prescribing Chronic Opioids and Skill Practice Theodore Parran, MD
10:15-10:30 am	Break
10:30-11:15 am	Overview of Opioid Maintenance Therapy Theodore Parran, MD
11:15-11:45 am	Forming a Plan for Treatment and Recovery and Skills Session Theodore Parran, MD
11:45-12:00 pm	Break to get lunch
12:00-12:30 pm	Applied Opiate Pharmacology Excerpts from the ER-LA CORE REMS Theodore Parran, MD
12:30-1:00 pm	Patient Scams “Getting to No” Skill Practice Theodore Parran, MD
1:00-3:00 pm	Controlled Substance Prescribing Simulation Simulation Center Staff

FACULTY

Course Director

Theodore V. Parran, Jr., MD

Carter and Isabel Wong
Professor of Medical Education
Case Western Reserve University
School of Medicine

Fareeha Ashraf, MD

Clinical Instructor of Neurology
and Sleep Medicine
Case Western Reserve University
School of Medicine

Michael Carlisle, DO

Psychiatrist

Andrew Hunt, MD

Assistant Professor of Psychiatry
Case Western Reserve University
School of Medicine

John R. Irwin, JD, MD, FCLM

Attorney at Law

Jeffrey W. Janata, PhD

Professor, Departments of Psychiatry,
Reproductive Biology, Anesthesiology
Case Western Reserve University
School of Medicine
Director, Division of Psychology
University Hospitals

Sybil K. Marsh, MD, MA

Associate Professor of Family Medicine
Case Western Reserve University
School of Medicine

Mary Mihalyo, PharmD, BCPS, CDE

Assistant Clinical Professor of
Pharmacy Practice, Duquesne University,
Pittsburgh PA
Delta Care Rx, CEO

Robert Richardson, MD

Assistant Clinical Professor of Medicine
Case Western Reserve University
School of Medicine

William J. Schmidt, JD

Chief of Investigations
State Medical Board of Ohio

Accreditation

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of **24.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 24.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Location and Hotel Accommodations

The course will be held at the George S. Dively Conference Center, 11240 Bellflower Rd., Cleveland, Ohio. For detailed information on location and hotel accommodations visit our website.

REGISTRATION

Registration Information

The registration fee for this course is \$1600. Fees include tuition, educational materials, breakfast, lunch, breaks and parking. An administrative fee of \$250 will be deducted from fees for cancellations made after February 4 (for February course), June 3 (for June course) or November 4 (for November course). All requests for refunds must be made in writing. Course size is limited to 40.

Four Ways to Register

1. Register online at <http://case.edu/medicine/cme/>
2. Mail this completed form with a check payable to Case Western Reserve University for \$1600 or complete the credit card information and send to:
Continuing Medical Education Program
10524 Euclid Avenue
Cleveland, Ohio 44106-6026
3. Fax this form with your credit card number to (216) 844-8133
4. Phone (216) 983-1239 or (800) 274-8263 with the information requested below and your credit card number.

Registration Form

February 11-13, 2019 CID #2626
June 10-12, 2019 CID #2627
November 11-13, 2019 CID #2628

Name _____ Degree _____

Gender _____ Specialty _____

Address _____

City _____ State _____ Zip _____

SSN (last 4 digits) _____ E-mail _____

Phone _____

In case of emergency _____

Dietary restrictions? _____ I will need parking

Make checks payable for \$1600 to: *Case Western Reserve University*
or complete credit card information.

MasterCard Visa Discover

Credit card # _____ Expiration date _____

Signature _____ Date _____

Controlled Substance Prescribing

Happenings in Cleveland

Cleveland Orchestra
www.clevelandorchestra.com

Cleveland Museum of Art
www.clevelandart.org

Playhouse Square Center
www.playhousesquare.org

Cleveland Play House
www.clevelandplayhouse.com

Rock and Roll Hall of Fame and Museum
www.rockhall.com

Great Lakes Science Center
www.greatscience.com

Jack Cleveland Casino
www.jackentertainment.com

Or for more Cleveland activities
visit Destination Cleveland at
www.thisiscleveland.com